



PETITION PROCEDURE TO REGIONAL CHAMPIONSHIPS

AS DEFINED IN THE 2025-2026 USA GYMNASTICS WOMEN'S PROGRAM RULES AND POLICIES
All petitions to the 2026 Level 6 – 10 Region 1 Gymnastics Championships
must be e-mailed or faxed to:

1. GIGI IAVARONE, Regional Technical Committee Chairman:
Gigi.RTC1@cox.net, 949-573-1654
2. JD MACDONALD Regional Development Program Committee
Chairman:
flipflopfull83@aol.com, 530-524-6542

Please use the subject line: [Petition_StateAbbreviation_Level_Athlete'sLastName](#)
(Example: [Petition_SoCal_10_Smith](#))

Petitions must contain:

- 1) Completed, legible [Injury Petition Form](#)
- 2) Verification of qualifying score which must include:
 - a. Name of meet
 - b. Date of competition
 - c. Scores for all events (with a minimum of 35.00 AA=1.00 greater than the Regional Qualifying Score of 34.00, per R&P)
- 3) Licensed Medical Professional's note which must include:
 - a. Written verification of illness or injury
 - b. Date of release for return to gymnastics activity – which lists a date giving the gymnast ample time to prepare for the competition; preferably > than one week.
 - c. Signature of medical professional

**WRITTEN REQUEST FROM THE COACH AND OFFICIAL RESULTS ARE DUE BY
5:00 PM, MONDAY, MARCH 23, 2026
ALL OTHER DOCUMENTS (PHYSICIAN'S NOTE) ARE DUE BY
5:00 PM, WEDNESDAY, MARCH 25, 2026**