



*Women's Gymnastics  
Coaches Association*

**2026  
ATHLETE'S  
Super Senior Essay Award**

APPLICATION  
PACKAGE  
DEADLINE:  
MAY 1, 2026

## 2026 SCWGCA ATHLETE'S Super Senior APPLICATION PACKAGE

### PURPOSE OF Award

SCWGCA has established an award intended to reward exceptional individuals with gymnastics expertise in their educational endeavors.

### ELIGIBILITY

The award will be given on a competitive basis. You are eligible to apply if you are:

- \* A Southern California resident
- \* A high school senior
- \* A competitive artistic gymnast
- \* Planning to attend a college or university in the fall of 2026

### AWARDS

Awards are given in varied increments

### APPLICATION PROCEDURE

A complete SCWGCA Athlete's Super Senior application includes all of the following:

1. A completed and signed application form
2. A personal essay (no more than two typed pages)
3. Two letters of recommendation (**1** from a gymnastics coach and **1** from HS. teacher or staff, Church volunteer or a community organization)

### APPLICATION DEADLINE MAY 1, 2026

Mail or Email completed application package to:

Carol McIntyre- SCWGCA President  
2277 Redondo Ave.  
Signal Hill, CA 90755  
Email: Ownerlady@aol.com

Screening and final selection of candidates will be conducted by our SCWGCA Award Committee. Each applicant will be notified of the outcome. Incomplete applications **will not** be reviewed. If you have any questions, please contact Carol McIntyre at: Ownerlady@aol.com

## APPLICATION FORM

PLEASE PRINT OR TYPE

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY, STATE,

ZIP: \_\_\_\_\_ PHONE: \_\_\_\_\_

E-MAIL

ADDRESS: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_

HIGH SCHOOL

ATTENDED: \_\_\_\_\_ CITY: \_\_\_\_\_

What college or university do you plan to attend in Fall of 2026? \_\_\_\_\_

Do you plan to compete in collegiate gymnastics?      • yes      • no

Briefly indicate your specific experience with the following:

\* Artistic Gymnastics: #years of competitive experience: \_\_\_\_\_ Present level of competition: \_\_\_\_\_

\* Additional activities (i.e., sports, music, leadership, clubs, volunteer activities):  
\_\_\_\_\_  
\_\_\_\_\_

List one gymnastics professional and one teacher/school official from whom you have requested letters of recommendation.

Name	Mailing Address	Phone Number	Email
_____	_____	_____	_____
_____	_____	_____	_____

## PERSONAL ESSAY

State your gymnastics background with accomplishments and any other information which may aid the SCWGCA Athlete's Award selection committee. Explain your academic and career goals. *You may use a separate sheet.* Do not exceed two typed pages.

# LETTER OF RECOMMENDATION

---

THIS PART TO BE COMPLETED BY APPLICANT  
(please type or print)

APPLICANT NAME \_\_\_\_\_  
Last \_\_\_\_\_ first \_\_\_\_\_ middle \_\_\_\_\_

I hereby • waive • do not waive my right of access to this document.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Return to: Carol McIntyre-SCWGCA President  
2277 Redondo Ave.  
Signal Hill, CA 90755  
Email: Ownerlady@aol.com

DEADLINE: MAY 1, 2026

---

---

## TO RECOMMENDER:

The applicant named above is applying to receive an Athlete Super Senior Award from SCWGCA. What are your personal impressions of the candidate's character and commitment? Please comment on her gymnastics background and accomplishments, as well as potential to achieve her academic and career aspirations. Thank you for providing this information. (Continue on another sheet, if necessary.)

## INSTRUCTIONS:

Please return this completed form to the contact listed above. Letters filed without a signed waiver (above) will be presumed to be available for review by applicants under the provisions of the Family Educational Rights and Privacy Act of 1974 (FERPA@ familypolicy.ed.gov)

Recommender's  
Name \_\_\_\_\_

First \_\_\_\_\_ Middle (not required) \_\_\_\_\_ Last \_\_\_\_\_

Position or Title \_\_\_\_\_ Club or School Affiliation \_\_\_\_\_

Address \_\_\_\_\_  
Street and number \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_